

# **PAPA JOHNS**

**Better Ingredients. Better Pizza.**

Saudi Nutrition Information 2022

# PIZZAS

# MARGHERITA

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
	kcal	kcal	kJ	g	g	g	g	g	g	g	g	g	g	g	g	g	g (mg)	g (mg)	g (mg)	g (mg)
Margherita 8"	139	835	586	3516	6	34	4	26.6	2	10.7	19	111.5	2	11.1	1	7	0.3	1.81 (1809)	0.8	4.52 (4522)
Margherita 8" Stuffed Crust	176	1053	617	3703	7	44.6	7	44	3	18.9	19	114.3	2	11.1	1	7.1	0.4	2.40 (2395)	1.0	5.99 (5988)
Margherita 8" Epic stuffed crust	196	1174	479	2876	8	49.2	9	51.4	4	24.5	21	124	2	11.3	1	6.4	0.3	1.91 (1909)	0.8	4.77 (4774)
Margherita 8" Epic Pepperoni stuffed crust	277	1662	817	4902	12	70.6	16	96.1	7	43.4	21	124	2	11.3	1	8.5	0.6	3.54 (3537)	1.5	8.84 (8842)
Margherita 10" ATC	108	862	454	3628	4	34.6	3	27.5	1	10.7	14	115.4	1	11.9	1	7.5	0.2	1.92 (1920)	0.6	4.80 (4801)
Margherita 10"	139	1112	585	4682	6	45.2	4	35.7	2	14.2	19	148	2	14.9	1	9.4	0.3	2.44 (2441)	0.8	6.10 (6102)
Margherita 10" Stuffed Crust	172	1373	609	4872	7	58.4	7	56.2	3	24.5	19	151.5	2	15	1	9.5	0.4	3.16 (3164)	1.0	7.91 (7911)
Margherita 10" Epic stuffed crust	198	1584	477	3819	8	67.2	9	69.9	4	33.7	21	165.7	2	15.2	1	8.9	0.3	2.65 (2647)	0.8	6.62 (6619)
Margherita 10" Epic Pepperoni stuffed crust	276	2205	800	6399	12	94.4	16	126.9	7	57.8	21	165.8	2	15.2	1	11.5	0.6	4.72 (4719)	1.4	11.80 (11798)
Margherita 13" ATC	120	1201	505	5052	5	50	4	41.8	2	17.5	15	151.6	2	15.9	1	10	0.3	2.79 (2786)	0.7	6.97 (6965)
Margherita 13"	179	1789	753	7533	7	72.2	6	55.6	2	21.6	24	242.7	2	24.1	2	15.1	0.4	3.83 (3832)	1.0	9.58 (9579)
Margherita 13" Stuffed Crust	214	2135	776	7761	9	90	8	82.7	4	35.5	25	247.2	2	24.1	2	15.3	0.5	4.80 (4803)	1.2	12.01 (12009)
Margherita 13" Epic Stuffed crust	232	2315	776	7761	10	101	10	95.8	4	43.7	25	250	2	24.1	2	15.3	0.5	5.38 (5377)	1.3	13.44 (13443)
Margherita 13" Epic Pepperoni Stuffed crust	311	3113	1107	11072	14	135.9	17	169	7	74.7	25	250.1	2	24.1	2	18.7	0.8	8.04 (8037)	2.0	20.09 (20093)

# SUPER PAPA'S

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
	kcal	kcal	kJ	g	g	g	g	g	g	g	g	g	g	g	g	g	g (mg)	g (mg)	g (mg)	g (mg)
Super Papa 8"	144	865	607	3642	6	35.7	5	29.2	2	10.5	19	11.5	2	11.5	1	8	0.3	2.05	0.9	5.13 (5126)
Super Papa 8" Stuffed Crust	180	1080	637	3819	8	46.1	8	46.4	3	18.7	19	11.5	2	11.5	1	8.1	0.4	2.63 (2630)	1.1	6.58 (6576)
Super Papa 8" Epic Stuffed Crust	229	1372	760	4558	11	64.6	11	68.2	5	30.6	20	12.4	2	12.4	2	10.3	0.6	3.58 (3584)	1.5	8.96 (8960)
Super Papa 8" Epic Pepperoni Stuffed Crust	310	1862	1099	6593	14	86.1	19	113.2	8	49.6	20	12.4	2	12.4	2	12.4	0.9	5.22 (5219)	2.2	13.05 (13047)
Super Papa 10" ATC	130	1040	547	4374	6	46.3	5	42	2	16.8	14	12.8	2	12.8	1	9.3	0.4	2.83 (2833)	0.9	7.08 (7084)
Super Papa 10"	154	1228	646	5165	7	52.7	6	45	2	17.1	19	15.6	2	15.6	1	11.1	0.4	3.11 (3115)	1.0	7.79 (7787)
Super Papa 10" Stuffed Crust	186	1486	668	5345	8	65.8	8	65.4	3	27.3	19	15.6	2	15.6	1	11.2	0.5	3.83 (3831)	1.2	9.58 (9578)
Super Papa 10 " Epic Stuffed Crust	223	1786	760	6078	11	84.3	11	87.9	5	39.2	19	16.3	2	16.3	2	13.4	0.6	4.74 (4737)	1.4	11.84 (11842)
Super Papa 10" Epic Pepperoni Stuffed Crust	301	2407	1082	8657	14	111.5	18	144.8	8	63.3	19	16.3	2	16.3	2	15.9	0.9	6.81 (6808)	2.1	17.02 (17019)
Super Papa 13" ATC	141	1409	592	5923	6	63.1	6	57.5	2	22	15	17.5	2	17.5	1	13.2	0.4	3.95 (3947)	1.0	9.87 (9868)
Super Papa 13"	208	2082	876	8756	9	90.2	8	76.7	3	29.5	25	25.9	3	25.9	2	18.7	0.5	5.23 (5233)	1.3	13.08 (13083)
Super Papa 13" Stuffed Crust	243	2428	899	8985	11	108	10	103.8	4	43.3	25	25.9	3	25.9	2	18.9	0.6	6.20 (6205)	1.5	15.51 (15512)
Super Papa 13 " Epic Stuffed Crust	280	2807	981	9822	13	130.6	13.3	133.2	5.9	59.1	25.7	26.4	2.6	26.4	2.1	21.1	0.7	7.33 (7328)	1.8	18.32 (18319)
Super Papa 13" Epic Pepperoni Stuffed Crust	309	3095	1100	11018	14.3	143.2	15.9	159.6	7	70.2	25.7	26.4	2.6	26.4	2.2	22.3	0.8	8.29 (8288)	2	20.72 (20719)

# ALL THE MEATS

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt		
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	
All The Meats	kcal	kcal	kJ	kJ	g	g	g	g	g	g	g	g	g	g	g	g	g	g	g (mg)	g	g (mg)
All the Meats 8"	161	964	676	4058	7	43.7	6	37.1	2	13.2	18	10.9	2	10.9	1	8.2	0.4	2.54 (2542)	1.1	6.35 (6355)	
All the Meats 8" Stuffed Crust	244	1463	770	4617	12	71.2	13	75.9	6	34.8	20	11.2	2	11.2	1	8.7	0.7	4.06 (4059)	1.7	10.15 (10149)	
All the Meats 8" Epic Stuffed Crust	273	1635	996	5974	13	76.3	13	75.5	5	29.6	26	14.8	2	14.8	2	11.7	0.7	4.32 (4318)	1.7	10.80 (10796)	
All the Meats 8" Epic Pepperoni Stuffed Crust	326	1953	1109	6652	15	92.7	20	120.8	9	53.8	20	11.2	2	11.2	2	10.8	0.9	5.69 (5694)	2.3	14.24 (14235)	
All the Meats 10" ATC	121	964	507	4058	5	43.7	5	37.1	2	13.2	14	10.9	1	10.9	1	8.2	0.3	2.54 (2542)	1.1	6.35 (6355)	
All the Meats 10"	137	1092	574	4592	6	51.9	6	45.7	2	15.8	14	11.8	1	11.8	1	9.4	0.4	3.08 (3082)	1.0	7.71 (7706)	
All the Meats 10" Stuffed Crust	204	1635	747	5974	10	76.3	9	75.5	4	29.6	19	14.8	2	14.8	1	11.7	0.5	4.32 (4318)	1.3	10.80 (10796)	
All the Meats 10" Epic Stuffed Crust	243	1945	790	6317	12	95.1	13	101.8	6	46	19	15	2	15	2	12	0.7	5.57 (5571)	1.6	13.93 (13927)	
All the Meats 10" Epic Pepperoni Stuffed Crust	321	2567	1112	8896	15	122.3	20	158.8	9	70.1	19	15	2	15	2	14.5	1.0	7.64 (7642)	2.4	19.11 (19105)	
All the Meats 13" ATC	134	1342	565	5646	6	62.5	5	53.9	2	19.3	15	14.8	1	14.8	1	11.3	0.4	3.60 (3600)	0.9	9.00 (9001)	
All the Meats 13"	225	2246	945	9449	10	104.5	9	89.8	3	32.5	25	24.1	2	24.1	2	18.8	0.6	5.99 (5988)	1.4	14.97 (14969)	
All the Meats 13" Stuffed Crust	259	2592	968	9678	12	122.3	12	117	5	46.3	25	24.1	2	24.1	2	18.9	0.7	6.96 (6959)	1.7	17.40 (17398)	
All the Meats 13" Epic Stuffed Crust	314	3140	1036	10362	15	154.5	16	160.9	7	73.6	26	24.6	2	24.6	2	19.5	0.9	8.80 (8804)	2.2	22.01 (22010)	

# GARDEN SPECIAL

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Garden Special 8"	132	789	554	3321	5	30.2	4	23	1	7.5	19	11.8	2	11.8	1	7.9	0.3	1.58 (1575)	0.7	3.94 (3938)
Garden Special 8" Stuffed Crust	167	1002	553	3315	7	40.6	7	40.2	3	16.2	19	11.8	2	11.8	1	8	0.4	2.21 (2210)	0.9	5.53 (5525)
Garden Special 8" Epic Stuffed Crust	233	1399	779	4675	10	59	10	58.3	4	24.6	25	15.8	3	15.8	2	11.2	0.5	3.05 (3049)	1.3	7.62 (7622)
Garden Special 8" Epic Pepperoni Stuffed Crust	315	1890	1118	6710	13	80.5	17	103.3	7	43.6	25	15.8	3	15.8	2	13.2	0.8	4.68 (4683)	1.8	11.71 (11708)
Garden Special 10" ATC	102	817	430	3441	4	30.9	3	23.8	1	7.5	14	13.1	2	13.1	1	8.6	0.2	1.68 (1681)	0.5	4.20 (4203)
Garden Special 10"	134	1068	562	4495	5	41.5	4	31.9	1	11	19	16.1	2	16.1	1	10.5	0.3	2.20 (2200)	0.7	5.50 (5500)
Garden Special 10" Stuffed Crust	166	1325	584	4675	7	54.6	7	52.3	3	21.2	19	16.1	2	16.1	1	10.7	0.4	2.92 (2917)	0.9	7.29 (7293)
Garden Special 10" Epic Stuffed Crust	197	1576	649	5193	8	67.7	9	71	4	30.4	20	17.8	2	17.8	2	13	0.4	3.57 (3574)	1.1	8.93 (8935)
Garden Special 10" Epic Pepperoni Stuffed Crust	275	2197	972	7773	12	94.9	16	128	7	54.5	20	17.8	2	17.8	2	15.6	0.7	5.65 (5646)	1.8	14.12 (14116)
Garden Special 13" ATC	119	1194	502	5021	5	47.4	4	39.6	1	14.3	16	18.6	2	18.6	1	12.5	0.3	2.55 (2550)	0.6	6.38 (6376)
Garden Special 13"	178	1776	748	7477	7	69.4	5	53.1	2	18.3	25	26.7	3	26.7	2	17.7	0.4	3.58 (3579)	0.9	8.95 (8948)
Garden Special 13" Stuffed Crust	212	2122	771	7706	9	87.1	8	80.2	3	32.1	25	26.7	3	26.7	2	17.9	0.5	4.55 (4550)	1.1	11.38 (11376)
Garden Special 13" Epic Stuffed Crust	248	2478	844	8442	11	107.4	11	106.6	5	47	26	27.2	3	27.2	2	19.1	0.6	5.62 (5622)	1.4	14.05 (14054)
Garden Special 8"	132	789	554	3321	5	30.2	4	23	1	7.5	19	11.8	2	11.8	1	7.9	0.3	1.58 (1575)	0.7	3.94 (3938)

# CHICKEN BBQ

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Chicken BBQ 8"	137	824	577	3464	6	34	4	22.2	1	7.7	20	11.6	2	11.6	1	7.2	0.3	1.91 (1912)	0.8	4.78 (4780)
Chicken BBQ 8" Stuffed Crust	174	1045	611	3666	7	44.6	7	39.5	3	16	20	11.6	2	11.6	1	7.4	0.4	2.49 (2491)	1.0	6.23 (6226)
Chicken BBQ 8" Epic Stuffed Crust	195	1172	644	3863	9	56.9	8	48.7	4	21.9	20	15.4	3	15.4	1	7.4	0.3	2.03 (2026)	0.8	5.07 (5066)
Chicken BBQ 8" Epic Pepperoni Stuffed Crust	277	1660	981	5887	13	78.2	16	93.4	7	40.8	20	15.4	3	15.4	2	9.4	0.6	3.65 (3654)	1.5	9.14 (9135)
Chicken BBQ 10" ATC	137	824	577	3464	6	34	4	22.2	1	7.7	20	11.6	2	11.6	1	7.2	0.2	1.91 (1912)	0.6	4.78 (4780)
Chicken BBQ 10"	190	1139	798	4786	8	49.3	5	31.8	2	11.5	26	16.1	3	16.1	2	10	0.3	2.74 (2743)	0.9	6.86 (6857)
Chicken BBQ 10" Stuffed Crust	233	1397	828	4966	10	62.4	9	52.1	4	21.7	27	16.1	3	16.1	2	10.1	0.4	3.46 (3460)	1.1	8.65 (8650)
Chicken BBQ 10" Epic Stuffed Crust	263	1578	887	5320	12	72.8	11	67.5	5	31.1	27	23.1	4	23.1	2	10.1	0.3	2.77 (2770)	0.9	6.92 (6924)
Chicken BBQ 10" Epic Pepperoni Stuffed Crust	367	2199	1316	7898	17	100	21	124.4	9	55.2	27	23.1	4	23.1	2	12.6	0.6	4.84 (4840)	1.5	12.10 (12101)
Chicken BBQ 13" ATC	214	1285	899	5393	10	58.8	6	38.6	3	15	28	18	3	18	2	11.1	0.3	3.34 (3338)	0.8	8.35 (8345)
Chicken BBQ 13"	312	1870	1310	7859	13	80.9	9	52.2	3	19	43	26.1	4	26.1	3	16.3	0.4	4.37 (4372)	1.0	10.93 (10931)
Chicken BBQ 13" Stuffed Crust	369	2216	1348	8088	16	98.7	13	79.3	5	32.8	44	26.2	4	26.2	3	16.4	0.5	5.34 (5344)	1.3	13.36 (13360)
Chicken BBQ 13" Epic Stuffed Crust	418	2509	1462	8771	21	123.8	18	105.3	8	46.7	42	41.7	7	41.7	3	18.5	0.6	6.25 (6253)	1.5	15.63 (15632)
Chicken BBQ 13" Epic Pepperoni Stuffed Crust	466	2797	1661	9966	23	136.4	22	131.7	10	57.8	42	41.7	7	41.7	3	19.7	0.7	7.21 (7213)	1.8	18.03 (18031)

# HOT & SPICY

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Hot & Spicy 8"	132	792	556	3333	5	31.3	4	22.9	1	7.5	19	11.9	2	11.9	1	7.4	0.3	1.84 (1839)	0.8	4.60 (4599)
Hot & Spicy 8" Stuffed Crust	168	1009	587	3520	7	41.9	7	40.2	3	15.7	19	12	2	12	1	7.5	0.4	2.43 (2426)	1.0	6.06 (6064)
Hot & Spicy 8" Epic Stuffed Crust	208	1250	675	4049	10	57.8	10	57.4	5	27.4	20	13.3	2	13.3	1	8.6	0.6	3.44 (3436)	1.4	8.59 (8591)
Hot & Spicy 8" Epic Pepperoni Stuffed Crust	290	1740	1014	6083	13	79.3	17	102.3	8	46.4	20	13.3	2	13.3	2	10.7	0.8	5.07 (5071)	2.0	12.68 (12676)
Hot & Spicy 10" ATC	140	838	588	3526	6	33.4	4	25.1	1	7.5	19	13.2	2	13.2	1	8.2	0.3	2.01 (2010)	0.6	5.02 (5024)
Hot & Spicy 10"	182	1090	765	4590	7	44.1	6	33.3	2	11	25	16.3	3	16.3	2	10.1	0.3	2.53 (2534)	0.8	6.33 (6335)
Hot & Spicy 10" Stuffed Crust	225	1348	795	4770	10	57.2	9	53.7	4	21.2	25	16.3	3	16.3	2	10.3	0.4	3.25 (3251)	1.0	8.13 (8128)
Hot & Spicy 10" Epic Stuffed crust	268	1609	890	5340	12	74	12	73.1	6	34.5	26	17.2	3	17.2	2	11.2	0.5	4.33 (4332)	1.3	10.83 (10830)
Hot & Spicy - 10" Epic Pepperoni Stuffed crust	372	2230	1320	7918	17	101.2	22	130.1	10	58.6	26	17.2	3	17.2	2	13.8	0.8	6.40 (6403)	2.0	16.01 (16007)
Hot & Spicy 13" ATC	206	1236	867	5200	9	52.3	7	42.2	2	14.3	26	18.8	3	18.8	2	11.7	0.3	3.21 (3211)	0.8	8.03 (8026)
Hot & Spicy 13"	303	1819	1276	7656	12	74.3	9	55.7	3	18.3	41	26.9	4	26.9	3	16.9	0.4	4.24 (4239)	1.0	10.60 (10597)
Hot & Spicy 13" Stuffed Crust	361	2165	1314	7885	15	92.1	14	82.9	5	32.1	42	27	5	27	3	17	0.5	5.21 (5210)	1.3	13.03 (13026)
Hot & Spicy 13" Epic Stuffed crust	421	2524	1440	8641	19	114.1	18	108.9	9	51.2	43	27.8	5	27.8	3	17.8	0.7	6.60 (6597)	1.6	16.49 (16494)
Hot & Spicy 13" Epic Pepperoni Stuffed crust	469	2813	1639	9836	21	126.7	23	135.3	10	62.4	43	27.8	5	27.8	3	19	0.8	7.56 (7558)	1.8	18.89 (18894)



# CHICKEN FLORENTINE

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Chicken Florentine 8"	137	823	579	3473	6	35.1	4	26.6	2	11.5	18	9.9	2	9.9	1	6.9	0.3	1.68 (1680)	0.7	4.20 (4201)
Chicken Florentine 8" Stuffed Crust	174	1041	610	3660	8	45.7	7	44	3	19.7	18	9.9	2	9.9	1	7	0.4	2.27 (2267)	0.9	5.67 (5666)
Chicken Florentine 8" Epic Stuffed crust	209	1253	646	3873	11	63.2	10	57.8	5	28.3	19	10.4	2	10.4	1	7.2	0.5	3.00 (3001)	1.3	7.50 (7502)
Chicken Florentine 8" Epic Pepperoni Stuffed crust	290	1740	1019	6113	14	84.5	17	102.5	8	47.2	19	10.6	2	10.6	2	9.4	0.8	4.63 (4627)	1.8	11.57 (11569)
Chicken Florentine 10" ATC	111	891	470	3758	5	40.4	4	30.4	2	13.7	14	10.5	1	10.5	1	7.5	0.2	1.89 (1891)	0.6	4.73 (4728)
Chicken Florentine 10"	143	1141	602	4812	6	51	5	38.6	2	17.2	18	13.5	2	13.5	1	9.4	0.3	2.41 (2409)	0.8	6.02 (6024)
Chicken Florentine 10" Stuffed Crust	172	1378	625	5000	8	62.8	7	57.4	3	26.4	18	13.5	2	13.5	1	9.6	0.4	3.06 (3059)	1.0	7.65 (7648)
Chicken Florentine 10" Epic Stuffed crust	207	1652	659	5270	10	83.1	10	76	5	37.2	19	14.3	2	14.3	1	10	0.5	3.95 (3949)	1.2	9.87 (9871)
Chicken Florentine - Epic Pepperoni Stuffed crust 10"	284	2274	1017	8139	14	110.3	17	133	8	61.3	19	14.5	2	14.5	2	12.8	0.8	6.02 (6021)	1.9	15.05 (15052)
Chicken Florentine 13" ATC	128	1282	541	5407	6	60.9	5	47.6	2	22.6	15	14.3	1	14.3	1	10.3	0.3	2.86 (2858)	0.7	7.14 (7144)
Chicken Florentine 13"	187	1865	786	7863	8	82.9	6	61.1	3	26.5	24	22.5	2	22.5	2	15.5	0.4	3.89 (3886)	1.0	9.72 (9716)
Chicken Florentine 13" Stuffed Crust	221	2211	809	8092	10	100.7	9	88.2	4	40.3	24	22.5	2	22.5	2	15.6	0.5	4.86 (4858)	1.2	12.14 (12144)
Chicken Florentine 13" Epic Stuffed crust	262	2619	853	8533	14	136.5	11	113.4	6	55.1	25	23.9	2	23.9	2	16.2	0.6	6.24 (6236)	1.5	15.59 (15590)
Chicken Florentine 13" Epic Pepperoni Stuffed crust	291	2907	973	9728	15	149.1	14	139.8	7	66.3	25	23.9	2	23.9	2	17.4	0.7	7.20 (7196)	1.7	17.99 (17990)

# MEXICAN OLE

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Mexican Ole 8"	132	792	556	3338	6	33.1	4	22	1	7.7	19	12	2	12	1	7.5	0.3	1.85 (1851)	0.8	4.63 (4627)
Mexican Ole 8" Stuffed Crust	168	1007	586	3515	7	43.6	7	39.3	3	15.9	19	12	2	12	1	7.6	0.4	2.43 (2431)	1.0	6.08 (6078)
Mexican Ole 8" Epic stuffed crust	207	1239	681	4086	9	56.8	9	52.4	4	24.6	21	14.1	2	14.1	1	8.3	0.4	2.25 (2255)	0.9	5.64 (5637)
Mexican Ole 8" Epic Pepperoni stuffed crust	288	1730	1020	6121	13	78.2	16	97.4	7	43.6	21	14.1	2	14.1	2	10.4	0.6	3.89 (3889)	1.6	9.72 (9723)
Mexican Ole 10" ATC	101	806	424	3393	4	34.2	3	22.2	1	7.7	14	12.5	2	12.5	1	7.7	0.2	1.87 (1872)	0.6	4.68 (4681)
Mexican Ole 10"	136	1085	571	4571	6	45.4	4	31.2	1	11.3	19	16.4	2	16.4	1	10.1	0.3	2.50 (2496)	0.8	6.24 (6240)
Mexican Ole 10" Stuffed Crust	168	1343	594	4751	7	58.5	6	51.5	3	21.5	19	16.4	2	16.4	1	10.2	0.4	3.21 (3213)	1.0	8.03 (8033)
Mexican Ole 10" Epic stuffed crust	200	1599	676	5410	9	73.1	8	66.5	4	30.8	21	18.1	2	18.1	1	10.8	0.4	2.84 (2836)	0.9	7.09 (7090)
Mexican Ole 10" Epic Pepperoni stuffed crust	278	2221	999	7989	13	100.3	15	123.5	7	54.9	21	18.1	2	18.1	2	13.4	0.6	4.91 (4908)	1.5	12.27 (12269)
Mexican Ole 13" ATC	121	1206	508	5076	5	54.5	4	37.9	1	14.8	16	18.9	2	18.9	1	11.5	0.3	3.14 (3139)	0.8	7.85 (7848)
Mexican Ole 13"	179	1791	754	7541	8	76.6	5	51.5	2	18.8	25	27.1	3	27.1	2	16.7	0.4	4.17 (4173)	1.0	10.43 (10433)
Mexican Ole 13" Stuffed Crust	214	2137	777	7770	9	94.4	8	78.6	3	32.6	25	27.1	3	27.1	2	16.8	0.5	5.14 (5145)	1.2	12.86 (12862)
Mexican Ole 13" Epic Stuffed crust	253	2532	879	8790	11	111.8	10	103.2	5	48.9	28	29.2	3	29.2	2	16.8	0.4	4.27 (4275)	1.0	10.69 (10687)
Mexican Ole 13" Epic Pepperoni Stuffed crust	282	2820	999	9985	12	124.4	13	129.6	6	60	28	29.2	3	29.2	2	18	0.5	5.23 (5235)	1.3	13.09 (13087)

# HAWAIIAN

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Hawaiian 8"	137	819	576	3454	6	35.1	4	22.5	1	7.4	19	15.8	3	15.8	1	7.7	0.4	2.11 (2107)	0.9	5.27 (5267)
Hawaiian 8" Stuffed Crust	173	1036	607	3641	8	45.7	7	39.8	3	15.7	20	15.8	3	15.8	1	7.9	0.4	2.69 (2693)	1.1	6.73 (6733)
Hawaiian 8" Epic stuffed crust	201	1204	643	3855	9	55.7	9	53.1	4	23.9	20	14.1	2	14.1	1	7.7	0.5	3.21 (3213)	1.3	8.03 (8031)
Hawaiian 8" Epic Pepperoni stuffed crust	283	1695	982	5890	13	77.1	16	98.1	7	42.9	20	14.1	2	14.1	2	9.8	0.8	4.85 (4847)	2.0	12.12 (12119)
Hawaiian 10" ATC	109	871	460	3678	5	38.6	3	23.9	1	7.5	15	19.1	2	19.1	1	8.7	0.3	2.49 (2493)	0.8	6.23 (6232)
Hawaiian 10"	140	1122	592	4732	6	49.1	4	32	1	11	19	22.1	3	22.1	1	10.6	0.4	3.01 (3011)	0.9	7.53 (7528)
Hawaiian 10" Stuffed Crust	173	1380	614	4912	8	62.2	7	52.4	3	21.2	20	22.1	3	22.1	1	10.7	0.5	3.73 (3728)	1.2	9.32 (9320)
Hawaiian 10" Epic stuffed crust	198	1583	654	5233	9	73.2	8	67.7	4	29.9	20	21.9	3	21.9	1	10.7	0.5	4.31 (4311)	1.3	10.78 (10776)
Hawaiian 10" Epic Pepperoni stuffed crust	276	2204	976	7811	13	100.3	16	124.7	7	54	20	21.9	3	21.9	2	13.3	0.8	6.38 (6381)	1.9	15.95 (15953)
Hawaiian 13" ATC	126	1255	530	5295	6	59.5	4	39.2	1	14.3	16	25.6	3	25.6	1	11.9	0.4	3.91 (3907)	1.0	9.77 (9766)
Hawaiian 13"	185	1850	780	7802	8	81.9	5	52.8	2	18.3	25	33.8	3	33.8	2	17.2	0.5	4.94 (4938)	1.2	12.34 (12344)
Hawaiian 13" Stuffed Crust	220	2196	803	8031	10	99.7	8	80	3	32.1	26	33.8	3	33.8	2	17.4	0.6	5.91 (5909)	1.4	14.77 (14773)
Hawaiian 13" Epic stuffed crust	255	2545	873	8732	12	117.3	11	105.7	5	47.5	27	34.4	3	34.4	2	17.5	0.7	6.73 (6728)	1.6	16.82 (16819)
Hawaiian 13" Epic Pepperoni stuffed crust	283	2833	993	9927	13	129.9	13	132.1	6	58.7	27	34.4	3	34.4	2	18.7	0.8	7.69 (7688)	1.9	19.22 (19220)

# PEPPERONI

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Pepperoni 8"	167	999	699	4194	7	41.1	7	41.6	3	17	19	11.1	2	11.1	1	7.7	0.4	2.35 (2353)	1.0	5.88 (5883)
Pepperoni 8" Stuffed Crust	203	1216	730	4382	9	51.7	10	59	4	25.3	19	11.1	2	11.1	1	7.8	0.5	2.94 (2940)	1.2	7.35 (7350)
Pepperoni 8" Epic Stuffed crust	225	1352	746	4473	9	56.4	11	66.6	5	30.8	21	11.6	2	11.6	1	7	0.4	2.49 (2488)	1.0	6.22 (6219)
Pepperoni 8" Epic Pepperoni Stuffed crust	307	1843	1085	6507	13	77.9	19	111.5	8	49.8	21	11.6	2	11.6	2	9	0.7	4.12 (4121)	1.7	10.30 (10303)
Pepperoni 10" ATC	138	1106	580	4640	6	45.3	6	49.9	3	20.2	14	11.9	1	11.9	1	8.5	0.3	2.73 (2735)	0.9	6.84 (6836)
Pepperoni 10"	170	1359	713	5706	7	56	7	58.3	3	23.8	19	14.9	2	14.9	1	10.4	0.4	3.26 (3261)	1.0	8.15 (8154)
Pepperoni 10" Stuffed Crust	202	1617	736	5885	9	69.1	10	78.6	4	34	19	14.9	2	14.9	1	10.5	0.5	3.98 (3978)	1.2	9.95 (9946)
Pepperoni 10" Epic stuffed crust	237	1894	816	6524	10	80	12	97.1	6	45.1	21	15.8	2	15.8	1	9.8	0.5	3.68 (3677)	1.1	9.19 (9193)
Pepperoni 10" Epic Pepperoni stuffed crust	315	2516	1138	9104	13	107.2	19	154.1	9	69.2	21	15.8	2	15.8	2	12.4	0.7	5.75 (5750)	1.8	14.37 (14374)
Pepperoni 13" ATC	162	1620	679	6794	7	68.2	8	79.3	3	33.3	15	16	2	16	1	11.8	0.4	4.15 (4148)	1.0	10.37 (10369)
Pepperoni 13"	221	2206	926	9262	9	90.3	9	92.9	4	37.4	24	24.2	2	24.2	2	16.9	0.5	5.19 (5185)	1.2	12.96 (12963)
Pepperoni 13" Stuffed Crust	255	2552	949	9491	11	108.1	12	120.1	5	51.2	25	24.2	2	24.2	2	17.1	0.6	6.16 (6157)	1.5	15.39 (15391)
Pepperoni 13" Epic Stuffed crust	307	3069	1091	10910	13	130.3	16	155.8	7	73.2	28	25.9	3	25.9	2	16.1	0.6	5.86 (5861)	1.4	14.65 (14654)
Pepperoni 13" Epic Pepperoni Stuffed crust	336	3357	1211	12105	14	142.9	18	182.2	8	84.3	28	25.9	3	25.9	2	17.3	0.7	6.82 (6821)	1.7	17.05 (17053)

# CHICKEN SUPER PAPA'S

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Chicken Super Papa 8"	136	813	571	3424	6	34.9	4	23.7	1	7.8	19	11.5	2	11.5	1	7.5	0.3	1.79 (1795)	0.7	4.49 (4487)
Chicken Super Papa 8" Stuffed Crust	172	1031	602	3611	8	45.4	7	41	3	16.1	19	11.6	2	11.6	1	7.6	0.4	2.38 (2381)	1.0	5.95 (5953)
Chicken Super Papa 8" Epic stuffed crust	213	1280	695	4167	11	64.6	10	57.5	4	24.8	20	12.4	2	12.4	1	8.3	0.6	3.38 (3379)	1.4	8.45 (8448)
Chicken Super Papa 8" Epic Pepperoni stuffed crust	295	1771	1034	6202	14	86.1	17	102.4	7	43.8	20	12.4	2	12.4	2	10.4	0.8	5.01 (5014)	2.0	12.53 (12535)
Chicken Super Papa 10" ATC	106	851	448	3580	5	37	3	24.8	1	7.9	14	12.7	2	12.7	1	8.1	0.2	1.96 (1959)	0.6	4.90 (4898)
Chicken Super Papa 10"	138	1101	579	4634	6	47.6	4	33	1	11.4	19	15.7	2	15.7	1	10	0.3	2.48 (2478)	0.8	6.19 (6194)
Chicken Super Papa 10" Stuffed Crust	170	1361	603	4824	8	60.8	7	53.4	3	21.6	19	15.7	2	15.7	1	10.2	0.4	3.20 (3201)	1.0	8.00 (8002)
Chicken Super Papa 10" Epic Stuffed crust	197	1574	648	5186	10	78.4	8	67	3	27.6	19	16.1	2	16.1	1	10.7	0.5	4.08 (4078)	1.3	10.19 (10194)
Chicken Super Papa 10" Epic Pepperoni Stuffed crust	274	2195	971	7764	13	105.5	16	124	6	51.7	19	16.1	2	16.1	2	13.3	0.8	6.15 (6148)	1.9	15.37 (15371)
Chicken Super Papa 13" ATC	126	1261	531	5305	6	59.7	4	41.7	2	15.2	16	17.7	2	17.7	1	11.5	0.3	3.11 (3110)	0.8	7.77 (7774)
Chicken Super Papa 13"	185	1847	777	7774	8	81.8	6	55.4	2	19.3	25	25.9	3	25.9	2	16.7	0.4	4.15 (4148)	1.0	10.37 (10371)
Chicken Super Papa 13" Stuffed Crust	219	2193	800	8004	10	99.6	8	82.6	3	33.1	25	25.9	3	25.9	2	16.9	0.5	5.12 (5120)	1.2	12.80 (12800)
Chicken Super Papa 13" Epic Stuffed Crust	256	2562	879	8788	12	123.3	11	109.6	5	48.2	26	26.2	3	26.2	2	17.3	0.6	6.46 (6457)	1.6	16.14 (16143)
Chicken Super Papa 13" Epic Pepperoni Stuffed Crust	285	2850	998	9983	14	135.9	14	136	6	59.3	26	26.2	3	26.2	2	18.5	0.7	7.42 (7417)	1.8	18.54 (18543)

# GARLIC PARMESAN CHICKEN

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Garlic Parmesan Chicken 8"	148	887	569	3414	6	36.6	5	30.9	2	9.4	19	11.6	2	11.6	1	7.2	0.4	2.38 (2382)	1.0	5.95 (5954)
Garlic Parmesan Chicken 8" Stuffed Crust	184	1102	599	3592	8	47.1	8	48.2	3	17.7	19	11.6	2	11.6	1	7.3	0.5	2.96 (2961)	1.2	7.40 (7403)
Garlic Parmesan Chicken 8" Epic stuffed crust	210	1262	669	4011	10	60.5	10	57.4	4	25.4	20	12.2	2	12.2	1	7.1	0.4	2.59 (2591)	1.1	6.48 (6478)
Garlic Parmesan Chicken 8" Epic Pepperoni stuffed crust	292	1753	1008	6045	14	82	17	102.4	7	44.4	20	12.2	2	12.2	2	9.2	0.7	4.23 (4225)	1.7	10.56 (10563)
Garlic Parmesan Chicken 10" ATC	124	995	462	3696	5	43.9	5	37.4	1	10.6	15	13	2	13	1	7.9	0.4	2.96 (2956)	0.9	7.39 (7389)
Garlic Parmesan Chicken 10"	156	1245	594	4750	7	54.5	6	45.5	2	14.1	19	16	2	16	1	9.8	0.4	3.47 (3474)	1.1	8.68 (8684)
Garlic Parmesan Chicken 10" Stuffed crust	188	1506	617	4939	8	67.7	8	66	3	24.4	19	16.1	2	16.1	1	9.9	0.5	4.20 (4198)	1.3	10.49 (10494)
Garlic Parmesan Chicken 10" Epic stuffed crust	209	1675	683	5461	10	81.2	9	75.6	4	32.5	20	17.7	2	17.7	1	10.5	0.4	3.49 (3489)	1.1	8.72 (8723)
Garlic Parmesan Chicken 10" Epic Pepperoni stuffed crust	287	2296	1005	8041	14	108.4	17	132.6	7	56.6	20	17.7	2	17.7	2	13.1	0.7	5.56 (5561)	1.6	13.90 (13903)
Garlic Parmesan Chicken 13" ATC	144	1436	536	5358	7	66.5	6	57.9	2	18.7	16	17.8	2	17.8	1	10.8	0.4	4.42 (4422)	1.1	11.05 (11055)
Garlic Parmesan Chicken 13"	202	2022	783	7828	9	88.6	7	71.7	2	22.8	25	26	3	26	2	16	0.5	5.46 (5460)	1.3	13.65 (13650)
Garlic Parmesan Chicken 13" Stuffed Crust	237	2366	805	8048	11	106.3	10	98.7	4	36.6	25	25.9	3	25.9	2	16.1	0.6	6.42 (6421)	1.6	16.05 (16054)
Garlic Parmesan Chicken 13" Epic stuffed crust	272	2719	933	9326	14	142.6	12	119.8	5	49.9	25	29.2	3	29.2	2	20.2	0.8	7.68 (7677)	1.9	19.19 (19194)
Garlic Parmesan Chicken 13" Epic Pepperoni stuffed crust	301	3007	1052	10521	16	155.2	15	146.2	6	61	25	29.2	3	29.2	2	21.4	0.9	8.64 (8638)	2.1	21.59 (21594)

# GREEN GARDEN DELIGHT

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Green Garden Delight 8"	131	786	552	3310	5	30.3	4	22.7	1	7.7	19	11.9	2	11.9	1	7.6	0.3	1.63 (1630)	0.7	4.08 (4075)
Green Garden Delight 8" Stuffed Crust	167	1004	583	3497	7	40.8	7	40.1	3	15.9	19	11.9	2	11.9	1	7.7	0.4	2.22 (2216)	0.9	5.54 (5541)
Green Garden Delight 8" Epic stuffed crust	209	1251	675	4050	9	54.2	10	59.5	5	28.1	20	11.5	2	11.5	1	8.3	0.5	2.95 (2952)	1.2	7.38 (7380)
Green Garden Delight 8" Epic Pepperoni stuffed crust	290	1739	1013	6076	13	75.5	17	104.3	8	47	20	11.5	2	11.5	2	10.3	0.8	4.58 (4579)	1.8	11.45 (11448)
Green Garden Delight 10" ATC	102	814	428	3426	4	30.9	3	23.5	1	7.7	14	13.1	2	13.1	1	8.2	0.2	1.74 (1737)	0.5	4.34 (4342)
Green Garden Delight 10"	133	1065	560	4481	5	41.5	4	31.7	1	11.2	19	16.1	2	16.1	1	10.1	0.3	2.26 (2255)	0.7	5.64 (5638)
Green Garden Delight 10" Stuffed Crust	165	1322	583	4661	7	54.5	7	52.1	3	21.4	19	16.1	2	16.1	1	10.2	0.4	2.97 (2972)	0.9	7.43 (7431)
Green Garden Delight 10" Epic stuffed crust	200	1603	664	5313	9	69.4	9	75.9	5	36	19	14.6	2	14.6	1	10.6	0.5	3.78 (3778)	1.2	9.45 (9446)
Green Garden Delight 10" Epic Pepperoni stuffed crust	278	2225	987	7892	12	96.6	17	132.9	8	60.1	19	14.6	2	14.6	2	13.2	0.7	5.85 (5850)	1.8	14.63 (14625)
Green Garden Delight 13" ATC	119	1187	499	4992	5	47.2	4	39.1	1	14.7	16	18.6	2	18.6	1	11.7	0.3	2.66 (2661)	0.7	6.65 (6653)
Green Garden Delight 13"	177	1773	746	7461	7	69.4	5	52.8	2	18.8	25	26.7	3	26.7	2	16.9	0.4	3.70 (3700)	0.9	9.25 (9250)
Green Garden Delight 13" Stuffed Crust	212	2119	769	7691	9	87.2	8	79.9	3	32.6	25	26.7	3	26.7	2	17	0.5	4.67 (4671)	1.1	11.68 (11678)
Green Garden Delight 13" Epic Stuffed crust	257	2568	882	8821	11	111.6	12	116.7	6	55.6	26	24.3	2	24.3	2	17.3	0.6	5.98 (5984)	1.4	14.96 (14961)
Green Garden Delight 13" Epic Pepperoni Stuffed crust	337	3368	1214	12143	15	146.6	19	190.1	9	86.6	26	24.3	2	24.3	2	20.6	0.9	8.65 (8652)	2.1	21.63 (21631)

# THE GREEK

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
The Greek 8"	137	819	574	3445	5	31.8	4	25.4	2	9.5	19	11.7	2	11.7	1	7.6	0.3	1.83 (1828)	0.8	4.57 (4571)
The Greek 8" Stuffed Crust	173	1036	605	3632	7	42.4	7	42.8	3	17.8	19	11.7	2	11.7	1	7.7	0.4	2.41 (2415)	1.0	6.04 (6037)
The Greek 8" Epic Stuffed Crust	192	1149	605	3632	8	49.3	9	51	4	23	19	11.7	2	11.7	1	7.8	0.5	2.78 (2776)	1.2	6.94 (6940)
The Greek 8" Epic Pepperoni Stuffed Crust	273	1637	943	5656	12	70.6	16	95.7	7	41.9	19	11.7	2	11.7	2	9.8	0.7	4.40 (4402)	1.8	11.01 (11006)
The Greek 10" ATC	110	881	463	3705	4	34.3	4	29	1	11.4	15	13	2	13	1	8.4	0.3	2.07 (2073)	0.6	5.18 (5182)
The Greek 10"	142	1132	595	4758	6	44.9	5	37.2	2	14.9	19	16	2	16	1	10.3	0.3	2.59 (2591)	0.8	6.48 (6478)
The Greek 10" Stuffed Crust	174	1392	619	4948	7	58.1	7	57.6	3	25.1	19	16	2	16	1	10.4	0.4	3.31 (3315)	1.0	8.29 (8287)
The Greek 10" Epic Stuffed Crust	189	1515	618	4944	8	65.6	8	66.6	4	30.8	19	16	2	16	1	10.5	0.5	3.71 (3709)	1.2	9.27 (9274)
The Greek 10" Epic Pepperoni Stuffed Crust	267	2137	940	7523	12	92.8	15	123.6	7	54.9	19	16	2	16	2	13	0.7	5.78 (5781)	1.8	14.45 (14452)
The Greek 13" ATC	129	1286	540	5403	5	52.2	5	47.3	2	20.3	16	18.2	2	18.2	1	11.9	0.3	3.20 (3197)	0.8	7.99 (7993)
The Greek 13"	187	1872	787	7872	7	74.3	6	61	2	24.4	25	26.3	3	26.3	2	17	0.4	4.24 (4236)	1.0	10.59 (10590)
The Greek 13" Stuffed Crust	222	2218	810	8101	9	92.1	9	88.1	4	38.2	25	26.3	3	26.3	2	17.2	0.5	5.21 (5207)	1.3	13.02 (13018)
The Greek 13" Epic Stuffed Crust	240	2398	810	8102	10	103.1	10	101.1	5	46.4	26	26.4	3	26.4	2	17.2	0.6	5.78 (5781)	1.4	14.45 (14452)
The Greek 13" Epic Pepperoni Stuffed Crust	320	3198	1142	11423	14	138.1	17	174.5	8	77.4	26	26.4	3	26.4	2	20.6	0.8	8.45 (8448)	2.1	21.12 (21120)



# CHICKEN MAKHANI

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Chicken Makhani 8"	76	757	302	3018	3	27.8	2	21.6	0	2	11	14.9	1	14.9	1	7.7	0.1	1.12 (1115)	0.3	2.79 (2789)
Chicken Makhani 8" Epic Stuffed crust	108	1075	435	4346	5	46.1	5	46.5	2	16.6	12	14.9	1	14.9	1	7.7	0.1	1.25 (1250)	0.3	3.13 (3126)
Chicken Makhani 8" Epic Pepperoni Stuffed crust	157	1566	638	6382	7	67.6	9	91.5	4	35.6	12	14.9	1	14.9	1	9.7	0.3	2.88 (2884)	0.7	7.21 (7210)
Chicken Makhani 10" ATC	83	829	324	3235	3	30.8	3	26.2	0	2.5	12	18.8	2	18.8	1	9	0.1	1.20 (1198)	0.3	3.00 (2996)
Chicken Makhani 10"	102	1017	403	4030	4	37.3	3	29.1	0	2.8	15	21.6	2	21.6	1	10.8	0.1	1.48 (1480)	0.4	3.70 (3700)
Chicken Makhani 10" Epic Stuffed crust	140	1398	562	5618	6	59	6	59	2	20	16	21.7	2	21.7	1	10.9	0.2	1.64 (1644)	0.4	4.11 (4110)
Chicken Makhani 10" Epic Pepperoni Stuffed crust	202	2019	820	8196	9	86.1	12	115.9	4	44.1	16	21.7	2	21.7	1	13.5	0.4	3.72 (3716)	0.9	9.29 (9289)
Chicken Makhani 13" ATC	112	1124	439	4392	5	47	3	34.3	0	3.4	16	26	3	26	1	12.3	0.2	1.74 (1738)	0.4	4.34 (4345)
Chicken Makhani 13"	166	1657	664	6642	7	65.2	4	42.8	0	4.3	25	34	3	34	2	17.5	0.3	2.53 (2533)	0.6	6.33 (6332)
Chicken Makhani 13" Epic stuffed crust	217	2174	880	8799	10	95.2	8	83	3	28.1	26	34	3	34	2	17.5	0.3	2.75 (2751)	0.7	6.88 (6878)
Chicken Makhani 13" Epic Pepperoni stuffed crust	297	2971	1211	12109	13	130.1	16	156.2	6	59	26	34	3	34	2	20.8	0.5	5.41 (5412)	1.3	13.53 (13531)
Chicken Makhani 8"	76	757	302	3018	3	27.8	2	21.6	0	2	11	14.9	1	14.9	1	7.7	0.1	1.12 (1115)	0.3	2.79 (2789)
Chicken Makhani 8" Epic Stuffed crust	108	1075	435	4346	5	46.1	5	46.5	2	16.6	12	14.9	1	14.9	1	7.7	0.1	1.25 (1250)	0.3	3.13 (3126)
Chicken Makhani 8" Epic Pepperoni Stuffed crust	157	1566	638	6382	7	67.6	9	91.5	4	35.6	12	14.9	1	14.9	1	9.7	0.3	2.88 (2884)	0.7	7.21 (7210)

# PANEER MAKHANI

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Paneer Makhani 8"	92	919	288	2876	3	28.7	4	36.2	1	8.8	12	15	2	15	1	8.8	0.1	0.94 (941)	0.2	2.35 (2354)
Paneer Makhani 8" Epic Stuffed crust	124	1237	421	4205	5	47	6	61.1	2	23.4	12	15	2	15	1	8.8	0.1	1.08 (1077)	0.3	2.69 (2692)
Paneer Makhani 8" Epic Pepperoni Stuffed crust	173	1728	624	6240	7	68.5	11	106.1	4	42.4	12	15	2	15	1	10.9	0.3	2.71 (2710)	0.7	6.78 (6776)
Paneer Makhani 10" ATC	108	1077	304	3038	3	33.2	5	48.2	1	12.6	13	19	2	19	1	10.7	0.1	0.96 (962)	0.2	2.41 (2406)
Paneer Makhani 10"	127	1268	384	3842	4	39.7	5	51.2	1	12.9	16	21.9	2	21.9	1	12.6	0.1	1.25 (1247)	0.3	3.12 (3118)
Paneer Makhani 10" Epic Stuffed crust	165	1648	543	5429	6	61.4	8	81.1	3	30.2	17	21.9	2	21.9	1	12.6	0.1	1.41 (1411)	0.4	3.53 (3528)
Paneer Makhani 10" Epic Pepperoni Stuffed crust	227	2270	801	8009	9	88.6	14	138.1	5	54.3	17	21.9	2	21.9	2	15.2	0.3	3.48 (3484)	0.9	8.71 (8709)
Paneer Makhani 13" ATC	143	1425	401	4009	4	44.2	6	63.1	2	16.7	17	25.9	3	25.9	1	14.5	0.1	1.27 (1270)	0.3	3.18 (3175)
Paneer Makhani 13"	196	1958	626	6260	6	62.4	7	71.5	2	17.6	26	33.9	3	33.9	2	19.6	0.2	2.07 (2065)	0.5	5.16 (5164)
Paneer Makhani 13" Epic stuffed crust	247	2474	842	8417	9	92.4	11	111.8	4	41.4	27	33.9	3	33.9	2	19.6	0.2	2.28 (2284)	0.6	5.71 (5709)
Paneer Makhani 13" Epic Pepperoni stuffed crust	327	3272	1173	11728	13	127.3	19	185	7	72.3	27	33.9	3	33.9	2	22.9	0.5	4.95 (4946)	1.2	12.36 (12364)
Paneer Makhani 8"	92	919	288	2876	3	28.7	4	36.2	1	8.8	12	15	2	15	1	8.8	0.1	0.94 (941)	0.2	2.35 (2354)
Paneer Makhani 8" Epic Stuffed crust	124	1237	421	4205	5	47	6	61.1	2	23.4	12	15	2	15	1	8.8	0.1	1.08 (1077)	0.3	2.69 (2692)
Paneer Makhani 8" Epic Pepperoni Stuffed crust	173	1728	624	6240	7	68.5	11	106.1	4	42.4	12	15	2	15	1	10.9	0.3	2.71 (2710)	0.7	6.78 (6776)

# CHEDDAR MAKHANI

	Energy kcal		Energy kJ		Protein		Fat		Saturates		Available Carbohydrate		Sugars		Dietary Fibre		Sodium		Salt	
	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza	Per Slice	Per Pizza
Cheddar Makhani 8"	108	1080	436	4357	4	44.4	5	50.2	2	20	11	12.6	1	12.6	1	6.7	0.17	1.70 (1697)	0.42	4.24 (4243)
Cheddar Makhani 8" Epic Stuffed crust	141	1409	453	4527	6	61.9	8	75.6	3	33.5	12	12.6	1	12.6	1	6.8	0.26	2.65 (2653)	0.66	6.63 (6632)
Cheddar Makhani 8" Epic Pepperoni Stuffed crust	190	1900	656	6562	8	83.4	12	120.5	5	52.5	12	12.6	1	12.6	1	8.9	0.42	4.29 (4287)	1	10.72 (10717)
Cheddar Makhani 10" ATC	128	1277	509	5089	5	54.1	7	66.3	3	27.7	12	14.4	1	14.4	1	7.3	0.2	2.02 (2015)	0.5	5.04 (5038)
Cheddar Makhani 10"	146	1464	588	5881	6	60.5	7	69.2	3	27.9	15	17.3	2	17.3	1	9.1	0.23	2.30 (2296)	0.57	5.74 (5739)
Cheddar Makhani 10" Epic Stuffed Crust	186	1858	610	6101	8	81.3	10	99.7	4	44	15	17.3	2	17.3	1	9.2	0.34	3.43 (3431)	0.85	8.58 (8577)
Cheddar Makhani 10" Epic Pepperoni Stuffed Crust	248	2479	868	8680	11	108.5	16	156.6	7	68.1	15	17.3	2	17.3	1	11.8	0.55	5.50 (5502)	1.3	13.76 (13755)
Cheddar Makhani 13" ATC	181	1812	724	7240	8	80.2	10	96.7	4	42.7	15	19.2	2	19.2	1	9.6	0.29	2.95 (2951)	0.73	7.38 (7379)
Cheddar Makhani 13"	234	2344	949	9487	10	98.4	11	105.1	4	43.5	25	27.2	3	27.2	1	14.7	0.37	3.75 (3746)	0.93	9.36 (9365)
Cheddar Makhani 13" Epic Stuffed Crust	288	2879	975	9750	13	127.2	15	146.2	7	65.7	26	27.2	3	27.2	1	14.9	0.53	5.31 (5308)	1.3	13.27 (13271)
Cheddar Makhani 13" Epic Pepperoni Stuffed Crust	368	3677	1306	13060	16	162.1	22	219.4	10	96.6	26	27.2	3	27.2	2	18.2	0.79	7.97 (7969)	1.9	19.92 (19922)
Cheddar Makhani 8"	108	1080	436	4357	4	44.4	5	50.2	2	20	11	12.6	1	12.6	1	6.7	0.17	1.70 (1697)	0.42	4.24 (4243)
Cheddar Makhani 8" Epic Stuffed crust	141	1409	453	4527	6	61.9	8	75.6	3	33.5	12	12.6	1	12.6	1	6.8	0.26	2.65 (2653)	0.66	6.63 (6632)
Cheddar Makhani 8" Epic Pepperoni Stuffed crust	190	1900	656	6562	8	83.4	12	120.5	5	52.5	12	12.6	1	12.6	1	8.9	0.42	4.29 (4287)	1	10.72 (10717)

# PASTAS & SALADS

# PASTAS & SALADS

	Energy kcal	Energy kJ	Protein g	Fat g	Saturates g	Available Carbohydrates g	Sugars g	Dietary Fiber g	Sodium g (mg)	Salt g (mg)
Papa's House Pasta	727	3212	41.6	26.4	11.1	7.4	8.8	8.4	1.87 (1871)	4.68 (4677)
Chicken Florentine	750	3248	36.6	31.4	20.3	71.4	4.1	8.5	1.77 (1787)	4.42 (4418)
Pasta Arriabata	561	2381	22.8	17.4	7.7	74.8	8.4	7.3	1.10 (1102)	2.76 (2755)
Italian Beef Pasta	707	2971	30.9	30	13.6	75	8.5	8.2	1.60 (1602)	4.00 (4004)
Chicken Tender Salad	325	1356	22.2	14.4	0.1	23	6.5	6.4	0.62 (624)	1.56 (1560)
Garden Salad	123	510	2.7	6.5	0.1	9.5	8.9	7.6	0.02 (15)	0.04 (38)
Papa's Club Salad	347	1610	27.0	19.2	7.1	12.6	8.4	8.8	1.12 (1122)	2.81 (2806)
Greek Salad	414	1721	19.8	28.9	14.6	14.5	9.3	8.6	1.21 (1215)	3.04 (3037)

# SIDES & DESSERTS

# SIDES

	Energy kcal	Energy kJ	Protein g	Fat g	Saturates g	Available Carbohydrates g	Sugars g	Dietary Fiber g	Sodium g (mg)	Salt g (mg)
Breadsticks	646	2728	22.1	10.3	1.1	113.1	9.7	6.2	0.96 (959)	2.40 (2398)
Chicken strips	453	1899	41.5	16.7	0	33.8	0	0	1.26 (1263)	3.16 (3158)
Chicken Poppers 12 pcs	475	2000	36.7	20.5	3.5	35.8	1.3	1.1	1.55 (1554)	3.88 (3884)
Chicken Poppers 15 pcs	595	2508	46	25.7	4.3	44.9	1.6	1.4	1.95 (1948)	4.87 (4869)
Garlic Parmesan Sticks	319	1342	9.9	9.3	0.7	47.6	4.2	2.6	0.59 (587)	1.47 (1468)
Cheesesticks	1131	3301	44.3	41.8	15.5	141.9	12.2	8.6	2.23 (2232)	5.58 (5579)
Pepperoni Rolls	471	1387	16.3	43.3	12.7	4.5	0.2	1.2	1.25 (1247)	3.12 (3118)
Chicken Wings - 10pcs	718	2993	73.5	45.5	0	0.3	0	7	2.56 (2561)	6.40 (6402)
Chicken Wings - 8pcs	574	2394	58.8	36.4	0	0.2	0	5.6	2.05 (2049)	5.12 (5122)
Potato Wedges - 200 gm	362	1520	5.6	11	5	55.8	1.6	8.6	0.40 (396)	0.99 (990)
Double Chilli Cheesesticks	1174	4932	44.5	45.8	15.1	141.9	13	8.6	2.64 (2639)	6.60 (6597)
Tomato Garlic sticks	959	4031	28.4	27.5	2.4	144.8	14.2	8.8	1.68 (1677)	4.19 (4192)
BBQ Cheesesticks	1108	4668	44.5	33.5	14.2	152.8	22.1	8.3	2.37 (2371)	5.93 (5927)

# DIPPING SAUCES & SACHETS

	Energy kcal	Energy kJ	Protein g	Fat g	Saturates g	Available Carbohydrates g	Sugars g	Dietary Fiber g	Sodium g (mg)	Salt g (mg)
Special Garlic	150	627	0g	17g	3g	0g	0g	0g	0.31	0.775
Spicy Special Garlic	145	606	0.06g	16g	3g	0.5g	0g	0g	0.29	0.73
Pizza Sauce	20	84	0g	1g	0g	3g	1g	0g	0.23	0.575
BBQ Sauce	45	188	0g	0g	0g	11g	10g	0g	0.24	0.6
Buffalo Sauce	15	63	0g	0.5g	0g	3g	2g	1g	0.9	2.25
Ranch Sauce	100	418	1g	10g	1.5g	2g	1g	0g	0.24	0.6
Ranch Dressing	140	585		15	2.5	2g	1g	0g	0.29	0.725
Italian Dressing	150	627		17	1	2g	1g	0g	0.46	1.15
Thousand Island	130	543	0g	13g	2g	4g	3g	0g	0.3	0.75
French Dressing	130	543	0g	12g	1.5g	6g	5g	0	0.15	0.375

	Energy kcal	Energy kJ	Protein g	Fat g	Saturates g	Available Carbohydrates g	Sugars g	Dietary Fiber g	Sodium g (mg)	Salt g (mg)
Special Seasoning	6.4	26.7	0.2	0.1	0	1.3	0	0	0	0.00
Crushed Red Pepper Seasoning	3	13	0	0	0	0	0	0	0	0.00



# DESSERTS

	Energy kcal	Energy kJ	Protein g	Fat g	Saturates g	Available Carbohydrates g	Sugars g	Dietary Fiber g	Sodium g (mg)	Salt g (mg)
Chocolate Scrolls	132	554	5	4	1	19	2	1	1.58 (1575)	3.94 (3938)
Double Chocolate Brownie	167	553	7	7	3	19	2	1	2.21 (2210)	5.53 (5525)
Chocolate Chip Cookie	233	779	10	10	4	25	3	2	3.05 (3049)	7.62 (7622)
Apple Pie Scrolls	315	1118	13	17	7	25	3	2	4.68 (4683)	11.71 (11708)

**THANK YOU**